



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AMERICAN RED CROSS LIFEGUARD TRAINING CLASS

ALGONA FAMILY YMCA

Certification includes American Red Cross Lifeguarding, First Aid, CPR, AED and Blood borne Pathogens Training.

- Must be 15 years old by the end of class
- Registration Limited to 10 participants; Minimum of 4 participants is required
- Prerequisite swim test:

Swim 300 yards, tread water 2 mins. (Legs only), removal of a 10 pound object from 7-10 feet deep

WHEN: Thursday, December 20th 5-7pm; Friday, Dec 21st 4-9pm; Thursday, Dec 27th 9am-5pm; Friday, Dec 28th 8am-5pm & Sat. Dec. 29th 8am-1pm

FEE: *\$130 for members; *\$160 for non-members

LOCATION: ALGONA FAMILY YMCA
515-295-7701
angie@algonaymca.org

*Ask how you can earn your certification fee back!

LIFEGUARD TRAINING REGISTRATION DECEMBER 2018

NAME _____ AGE _____ BIRTHDAY _____

ADDRESS _____ CITY, STATE, ZIP _____

PHONE NUMBER _____ ALTERNATE PHONE _____

EMAIL _____

In case of emergency I can be reached at a number listed above. In the event I cannot be reached, I authorize the calling of medical services. I give the YMCA permission to provide first aid and/or arrange for the transport of my youth to the nearest medical facility. I also give permission for the necessary medical treatment to be performed by any medical personnel. By my signature and of my own free will, I hereby agree to indemnify and hold harmless the YMCA and its representatives from any and all claims and demands, cost or expense arising out of any injuries sustained by myself or any party I am responsible for. I give my permission for the use of photos taken by the YMCA.

SIGNATURE _____ DATE _____

OFFICE USE: AMOUNT PAID _____ DATE PAID _____ STAFF INT. _____ CASH _____ CHECK# _____ CREDIT/DEBIT _____